

Effective JANUARY 18, 2010

NORTHEAST, MID-ATLANTIC *and* VIRGINIA SERVICE

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THIS TIMETABLE SHOWS ALL AMTRAK THROUGH SERVICE TO STATIONS
BETWEEN BOSTON, MA AND LYNCHBURG, VA OR
NEWPORT NEWS/VIRGINIA BEACH, VA

*Also see timetable Form W2 or Form W4
for complete Boston to New York and Washington schedules.*








Service on Northeast RegionalSM

-  **Coaches: Reservations required.**
-  **Business class** service available.
-  **Cafe:** Sandwiches, snacks and beverages.
-  Amtrak Quiet car. Not available on Shuttle trains.


Smoking is prohibited.

Service on the Crescent[®] (Trains 19 and 20)

-  **Coaches: Reservations required.**
-  **Sleeping cars:** Viewliner sleeping accommodations.
- Amtrak ClubAcela First class Lounge available in Boston, New York, Philadelphia and Washington.
-  **Dining:** Full meal service.
-  **Lounge:** Sandwiches, snacks and beverages.
-  Saturdays and Sundays, Train 20 arrives New York at 2:31 p.m.; Train 92 arrives New York at 7:32 p.m.


Smoking is prohibited.

Service on the PalmettoSM (Trains 89 and 90)

-  **Coaches: Reservations required on all trains.**
-  **Business class service:** Complimentary non-alcoholic beverages, newspaper, priority boarding and pillow offered between New York and Savannah.
-  **Cafe:** Table seating: Sandwiches, snacks and beverages.




Smoking is prohibited.

Service on the Cardinal[®] (Trains 50 and 51)

-  **Coaches: Reservations required.**
-  **Sleeping cars:** Viewliner sleeping accommodations.
- Amtrak ClubAcela First class Lounge available in Boston, New York, Philadelphia and Washington.
-  **Diner-Lounge:** Casual service offering complete meals and appetizers, sandwiches, snacks and beverages with an all day menu.
No checked baggage.
-  Sundays, Train 50 arrives Baltimore at 6:53 p.m., Wilmington at 7:39 p.m., Philadelphia at 8:02 p.m., Trenton at 8:35 p.m., Newark at 9:18 p.m. and New York at 9:43 p.m.





Smoking is prohibited.

Service on the CarolinianSM (Trains 79 and 80)

-  **Coaches: Reservations required.**
-  **Carolinian Business class service:** Complimentary non-alcoholic beverages, newspaper and pillow.
-  **Carolinian Dinette:** Sandwiches, snacks and beverages.





Smoking is prohibited.

Service on Silver Service[®] Trains (Trains 91, 92, 97 and 98)

-  **Coaches: Reservations required on all trains.**
-  **Sleeping cars:** Viewliner sleeping accommodations.
- Amtrak ClubAcela First class Lounge available in Boston, New York, Philadelphia and Washington.
-  **Dining:** Full meal service appropriate to time of day.
-  **Lounge:** Sandwiches, snacks and beverages.

Smoking is prohibited.

Days of Operations Exceptions:

-  WILL NOT operate 1/18/10, 2/15/10.
-  WILL ALSO operate 1/18/10, 2/15/10.
-  WILL ALSO operate 1/18/10, 2/15/10; WILL NOT operate 2/14/10.
-  WILL ALSO operate 2/14/10.

Schedules subject to change without notice. Amtrak is a registered service mark of the National Railroad Passenger Corp. **National Railroad Passenger Corporation** Washington Union Station, 60 Massachusetts Ave. N.E., Washington, DC 20002.

Shading Key

Reserved Northeast Regional train

Connecting Shuttle train

Long-distance service train

Thruway and connecting services

BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



- A** Time Symbol for A.M.
- N** Time Symbol for Noon.
- P** Time Symbol for P.M.
- D** Stops only to discharge passengers; train may leave before time shown.
- L** Stops to receive and discharge passengers; train may leave before time shown.
- R** Stops only to receive passengers.
- ET** Eastern time
- Bus stop
- Checked baggage
- Airport connection
- QT** Quik-Trak self-serve ticketing kiosk
- Unstaffed station
- Staffed ticket office; may or may not be open for all train departures
- Station wheelchair accessible; no barriers between station and train
- Station wheelchair accessible; not all stations facilities accessible

THE STATE FOR LOVERS JUST GOT A NEW COUPLE



You'll fall for two new Amtrak Northeast RegionalSM trains that provide direct service between central Virginia and the Northeast Corridor. Amtrak Virginia offers a one-seat ride to nearly 30 stations as far north as Boston and as far south as Lynchburg and Richmond with stops in Washington, D.C., Philadelphia, New York and more.

New daily roundtrip service began from Lynchburg for the first time on October 1st, and on a date to be determined in 2010, new morning service will be available between Richmond and the Northeast Corridor. From the Blue Ridge Mountains in Lynchburg to historic Richmond – and the two new Northeast Corridor trains to take you there – Amtrak offers many more reasons to love Virginia.



For more information visit amtrakvirginia.com

NORTHEAST, MID-ATLANTIC and VIRGINIA SERVICE-Northbound

Newport News • Richmond • Lynchburg • Charlottesville • Washington, DC • Philadelphia • New York • Boston

Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional	
Train Number ▶	98	86	82	20	84	88/488	176/476	194	94/494	156	92	80	50	90	66	
Normal Days of Operation ▶	Daily	Mo-Fr ^A	Sa ^G	Daily	Mo-Fr ^A	SaSu ^C	Mo-Fr ^A	SaSu ^C	Mo-Fr ^A	SaSu ^C	Daily	Daily	SuWeFr	Daily	Daily	
On Board Service ▶																
Symbol ▼																
Virginia Beach, VA (ET)	○															
Norfolk, VA	○															
Newport News, VA (Norfolk/Virginia Beach	○															
Williamsburg, VA	●															
Petersburg, VA	●															
Richmond, VA—Main Street Station	○															
RICHMOND, VA —Staples Mill Rd.	●	Ar Dp	4 59A 5 09A	6 00A 7 35A		8 00A 8 35A		10 45A 10 50A	10 55A 11 00A		11 52A 11 54P	12 37P 2 39P 2 46P		5 15P 5 25P	5 55P 6 00P	
Ashland, VA	○															
Fredericksburg, VA	○															
Quantico, VA	○															
Woodbridge, VA	○															
Franconia/Springfield, VA	○															
Danville, VA	○	Ar				4 57A										
Lynchburg, VA (Roanoke)	●	Ar Dp				6 03A 6 07A		7 38A			9 59A					
Clifton Forge, VA (Homestead)	○	Ar Dp												12 14P 12 19P		
Staunton, VA	○													1 31P		
Charlottesville, VA	●					7 20A		8 52A			11 13A			2 47P		
Culpeper, VA (Orange)	○					8 12A		9 44A			12 05P			4 00P		
Manassas, VA	○					8 46A		10 19A			12 39P			4 35P		
Burke Centre, VA	○							10 36A			12 56P					
Alexandria, VA	●	Dp	D 7 20A	7 47A 8 15A	9 20A 9 45A	D 9 43A D10 10A	9 50A 10 15A	10 25A 10 50A	11 05A 11 20A	12 40P 1 05P	12 50P 1 30P	D 2 40P D 3 14P	D 4 32P D 5 08P	D 5 19P D 5 55P	D 7 10P D 7 57P	D 7 46P 8 25P 10 00P
WASHINGTON, DC	●	Ar Dp	D 7 46A	8 35A 10 20A	10 20A 11 02A	11 02A 11 25A	11 02A 11 25A	12 05P 12 05P	12 05P 1 25P	1 25P 2 05P	2 05P 2 20P	D 3 14P D 5 08P	D 5 08P D 5 55P	D 5 55P D 7 10P	D 7 57P 8 25P 10 00P	
New Carrollton, MD	●															
BWI Thurgood Marshall Air., MD ⁺	●															
Baltimore, MD—Penn Station	●	Dp	D 8 41A	9 03A 10 48A	11 04A 11 28A	D11 12A	11 44A	12 09P	12 47P	2 09P	2 47P	3 04P	D 4 10P	D 6 07P	D 6 54P	D 8 50P 10 46P
Aberdeen, MD	○															
Wilmington, DE	●	Dp	D 9 36A	10 04A 11 56A	11 56A	D12 01P	12 31P	12 56P	1 34P	2 56P	3 34P	3 56P	D 5 02P	D 7 00P	D 7 45P	D 9 41P 11 36P
PHILADELPHIA, PA —30th St. Station	●	Ar Dp	D10 00A	10 24A 12 18P	12 15P 12 18P	D12 25P	12 51P 1 18P	1 15P 1 56P	1 53P 3 18P	3 15P 3 18P	3 53P 3 56P	4 15P 4 18P	D 5 27P	D 7 24P	D 8 09P	D10 07P 11 59P 12 13A
Trenton, NJ	●		D10 35A	10 55A 12 47P	12 47P	D 1 00P	1 22P 1 47P	2 25P 2 46P	3 47P 4 08P	4 25P 4 08P	4 47P 5 08P	D 6 07P	D 7 58P	D 8 43P	D10 47P	12 48A
Metropark, NJ	●															
Newark Liberty Intl. Airport, NJ ⁺	●															
Newark, NJ	●	Dp	D11 16A	L11 46A 1 25P	1 25P	D 1 44P	L 1 59P	2 25P	3 00P	4 25P	5 00P	D 5 27P	D 6 51P	D 8 39P	D 9 21P	D11 27P 1 32A
NEW YORK, NY —Penn Station	●	Ar Dp	D 11 36A	11 59A 12 30P	1 45P 2 00P	D 2 02P	2 20P	2 45P 3 00P	3 18P 3 30P	4 46P 5 00P	5 20P 5 40P	D 7 16P	D 9 00P	D 9 43P	D 11 47P	1 50A 3 10A
New Rochelle, NY	○															
Stamford, CT	●															
Bridgeport, CT	○															
NEW HAVEN, CT	●	Ar Dp	2 00P 2 04P	3 36P 3 38P	4 36P 4 38P	5 06P 5 18P	6 33P 6 35P	7 14P 7 20P								4 49A 4 55A
New Haven, CT	●	Dp														
Wallingford, CT	○															
Meriden, CT	●															
Berlin, CT	●															
Hartford, CT	●															
Windsor, CT	○															
Windsor Locks, CT	○															
Springfield, MA	●															
Old Saybrook, CT	●															
New London, CT (Casino	●															
Mystic, CT	○															
Westerly, RI	●															
Kingston, RI	●															
Providence, RI	●															
Route 128, MA	●															
Boston, MA—Back Bay Station	●															
BOSTON, MA —South Station (ET)	●	Ar	4 41P	6 07P				7 09P	7 54P	9 07P	9 55P					7 52A

See other side for Service, Symbols, Route Map and Shading Key.

Smoking is prohibited.

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AMTRAK® DELIVERS:
FROM BOSTON'S BEACON HILL
TO LYNCHBURG, CITY OF SEVEN HILLS

Whether you're traveling to New England, the Mid-Atlantic or central Virginia, Amtrak® lets you sit back, relax, and enjoy the ride. And now, we're giving you two more reasons to let Amtrak do the driving.

For the first time, new Amtrak Virginia service originating from Lynchburg began October 1. Take in Lynchburg's art scene at the Riverviews Artspace, explore the seven hills that gave the city its nickname, or visit the 3rd oldest farmers market in the US—the Lynchburg Community Market. And coming in 2010, Amtrak Virginia will start a new morning service from Richmond. Discover the rich history of Virginia's capital, take a cruise on the James River canals, or snap a photo of General Robert E. Lee's monument. The two new Northeast RegionalSM trains will give you a one-seat ride throughout the world-famous Amtrak Northeast Corridor—the "front door" of America's Eastern Seaboard. Cities you'll see up close include Washington, D.C., Baltimore, Philadelphia, Trenton, New York, Stamford, New Haven, Providence, and more continuing north to Boston.

But those aren't the only reasons to take Amtrak. The Crescent® offers daily roundtrip departures between New York and New Orleans with stops in major cities like Philadelphia, Washington, D.C., and Atlanta. The Cardinal® takes you from Chicago to New York three days a week with stops in major cities like Indianapolis, Cincinnati, and Washington, D.C. Both trains allow you to take in the vibrancy of big cityscapes and watch them fade into natural beauties, like the rolling valleys of Virginia's Shenandoah region, the ebb and flow of the Potomac (a.k.a. "The Nation's River"), and the peaks and foothills of the Blue Ridge Mountains.

So whether you're taking a long weekend, catching up with friends and family or mixing business with pleasure, pack your bags and book your trip today!

Visit Amtrak.com • Call 1-800-USA-RAIL

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